



Long Lane Surgery Wound Care Advice Leaflet

Because there are different types of wounds, we have different ways to treat them. Your wound may have been closed with:

- Sutures – these can be dissolvable but are usually ones that we need to remove for you. This is usually done at about 10 days after your procedure.
- Steri-strips – These are thin strips that stick over and hold the wound edges together
- Glue – commonly used for small wounds especially in children as they are less painful or frightening.

Do...

- Keep the wound clean and dry for at least 5 days. If you do get the wound wet then dry thoroughly and put a clean dry dressing on.
- Leave any dressings on for at least 2 days

Do not...

- Cover the wound with anything waterproof unless the doctor or nurse tells you to. This can hold moisture in and make the wound soggy and more likely to get infected.
- Pick scabs that form on the wound

Please call us if you experience any of the below:

- If you get any fluid or discharge from the wound
- The wound becomes painful, red or swollen
- Your wound re-opens

Please remember:

It may take up to 6 months or more for the redness of the scar to fade. Itching is common while healing. Moisturiser such as E45 or Bio Oil may help the skin to repair.